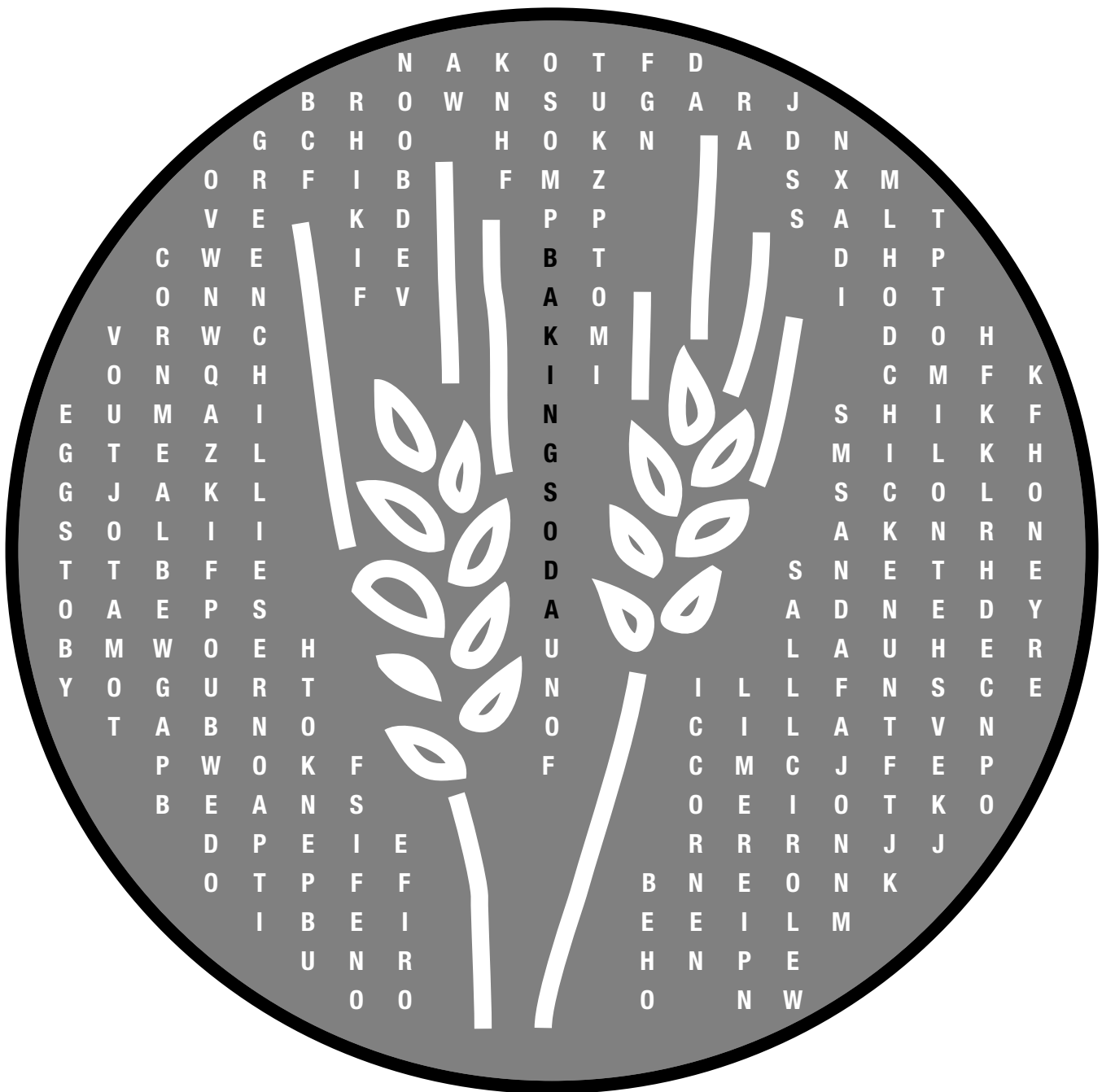


# FOODBASKET SHEET ONE



## Shopping for a corn meal

It is late summer and your family has decided to make a meal with the fresh corn that has made its way to the local farmer's market. You have decided to have corn chowder with cornbread to go along with it. Search across, diagonally, up and down the ingredients you will need to make your meal. The recipe for Corny Cornbread from the MCC cookbook *Simply in Season* is on the back page.

- cornmeal  honey  brown sugar  salt  baking soda  milk  yogurt  eggs  corn  green chilies
- onion  pepper  tomato  lime  cilantro  beans  chicken

